

# Other Services

OutLine is an all-ages, nationwide Rainbow mental health organisation providing support to Rainbow communities, their friends, whānau, and those questioning.

OutLine provides a nationwide, free and confidential support line and online chat service at 0800 OUTLINE and [outline.org.nz/chat](https://outline.org.nz/chat) between 6pm–9pm every evening.

We also provide specialist Rainbow counselling with experienced professionally qualified counsellors.

More information and resources are available at: [outline.org.nz](https://outline.org.nz)



## OutLine

**Auckland-Based  
Trans & Non-Binary  
Peer Support Service**

0800 OUTLINE · [outline.org.nz](https://outline.org.nz)

## How Can We Help?

Our Transgender Peer Support Service supports transgender, non-binary and gender-diverse Aucklanders and their whānau.

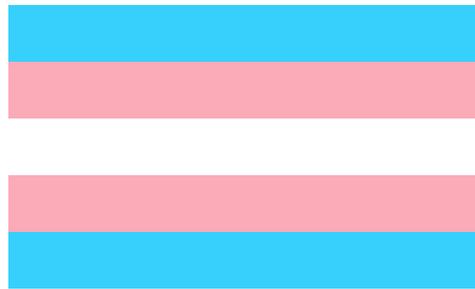
We support people to explore gender identity through accessing gender-affirming healthcare, providing information and resources, and creating connection and community with other gender-diverse people.

This means we can help with things like: referrals for gender-affirming health care, attending peer-support groups, finding relevant and relatable resources, finding clothes, changing your name and gender marker on identity documents, etc.

## Who Is This Service For?

This service is free for people aged 28 years and older who live in the wider Auckland region (Auckland, Waitematā and Counties Manukau District Health Board areas).

We work closely with RainbowYOUTH who support gender-diverse people aged 27 and younger in Auckland, and people of all ages in Northland. Check out their website for more information if you meet those criteria: [ry.org.nz](http://ry.org.nz).



## How Can I Join?

If you'd like to access this service, please fill in our referral form to tell us a bit about yourself and what kinds of support you're looking for.

**A referral form can be found at [outline.org.nz/transgender-peer-support-service/](https://outline.org.nz/transgender-peer-support-service/)**

We'll get in touch when we're available to make a time for an initial chat.

Let us know what you need and we'll do our best to support you.

If you have any queries about this service you can email [leilani@outline.org.nz](mailto:leilani@outline.org.nz)

